

## WHOLE EDUCATOR COLLECTIVE TRAINING AGENDA

Time	Description	Objectives
3 hrs	<b>The Science of Relationships</b> Explore the science of relationships, our role as “secure attachment figures,” and our ability to build secure relationships	<ul style="list-style-type: none"> <li>• Understand the impact of relationships on the brain and its capacity to learn</li> <li>• Distinguish the types of relationships that promote learning from those that don’t</li> <li>• Self-assess your own ability to build relationships that drive learning</li> <li>• Identify behaviors that “trigger” you and their impact on your relationships</li> </ul>
3 hrs	<b>Secure Communication</b> Define empathy and genuineness, and learn skills to communicate in ways that build secure relationships	<ul style="list-style-type: none"> <li>• Define empathy and learn skills to communicate in ways that demonstrate understanding</li> <li>• Define genuineness and learn skills to communicate openly and honestly</li> <li>• Identify when and how to use empathy and genuineness in conjunction to solve problems and build relationships</li> </ul>
3 hrs	<b>Attachment Styles and Stories</b> Identify the different types of attachment styles, how they are formed, and how they impact us today	<ul style="list-style-type: none"> <li>• Identify the four attachment styles in children and adults</li> <li>• Comprehend attachment styles as survival strategies build from early environments</li> <li>• Identify your own attachment style and understand how your attachment style developed and how it impacts you today</li> <li>• Attain a sense of affiliation with others based on attachment experiences</li> </ul>
3 hrs	<b>Stewarding and Community Connection</b> Learn relational practices to develop our skill in growing ourselves and others as secure attachment figures	<ul style="list-style-type: none"> <li>• Learn relational practices to continue developing as secure attachment figures</li> <li>• Identify the key skills of “stewarding” to develop yourself and others as secure attachment figures</li> </ul>